

**Academy of Nutrition and Dietetics National Nutrition Month Toolkit:**

* [**https://www.eatright.org/food/resources/national-nutrition-month/toolkit\**](https://www.eatright.org/food/resources/national-nutrition-month/toolkit%5C)
* Includes Tip Sheets/Handouts, Games and Activities, Presentation Materials, Press Releases

**How to Involve your Facilities and Residents**

* Nutrition question of the day or week with small prizes
* Have a meal celebrating different cultures , offer special menu items from international cuisines
* Decorate dining room for National Nutrition Month
* Involve your activities director



**Registered Dietitian Nutritionist Day is March 9, 2022**



**Thank you all for being wonderful RDNs!!! We appreciate all you do for your facilities**