**Trivia Questions**

1. **Name a high Vitamin A food**
* Broccoli
* Collard greens
* Dark green leafy lettuce
* Kale
* Spinach
* Carrots
* Pumpkin
* Sweet potato
* Apricots
* Mango
* Cantaloupe
1. **Which survey regulation addresses food preferences?**
* F806
1. **If your resident is on a mechanically altered diet and is having no problems chewing or swallowing, do we still code a swallowing problem on K100 of the MDS?**
* No: Per RAI manual: Do not code a swallowing problem when interventions have been successful in treating the problem and therefore the signs/symptoms of the problem did not occur during the 7 day look back period



1. **For IDDSI Level 6, Soft and bite sized, what are the characteristics appropriate testing methods?**
* Appearance: No pieces less than 15mm x 15mm, no separate thin liquids
* Fork/Spoon Pressure Test: When pushing down on a 15mm x 15mm sample with a dinner fork or a teaspoon, with enough pressure that the thumb nail turns white, the food can be squashed and will not return to its original shape
1. **What are the significant weight loss parameters listed on the MDS?**
* 5% weight loss in 30 days
* 10% weight loss in 180 days